

FARE

The Seaside

BISTRO + WINE BAR + PATIO

shares & appetizer plates

Coconut Curry + Carrot Soup 6.95
+ Herbed Crostini

Scotch Egg 6.95

Free-Run Egg, Pork Fennel Sausage,
Dijon Aioli + House Curried Ketchup

Tuna Tataki 14.95 🌱

Seared Sustainably Albacore Tuna, Yuzu Citrus
Dressing, Daikon Radish + Black Sesame Seeds,

Moroccan Lamb Meat Balls 11.95

Caramelized Onions, Moroccan Spices, Raisins,
Tomato Sauce, Feta Cheese + Grilled Baguette

Hawker Style Chicken Wings 14.95 🌱

Fresh Provincial Wings Marinated in Garlic, Ginger,
Chili Pepper, Garum Sauce + Chili Mayonnaise

Duck Confit Poutine 17.95 🌱

Cheese Curds + Peppercorn Demi Glaze

Tamarind Glazed Cauliflower Wings 9.95 🌱

Baked and Fried Cauliflower,
Cumin Yogurt + Fresh Mint Chickpea Salad

Rustic Charcuterie + Cheese 23.95
(nicely shared for two)

Selection of Sliced Meats + Canadian Cheeses,
Our House Pickled Vegetables, Mediterranean Olives,
Honey Figs, Crostini + Warm Baguette

sides

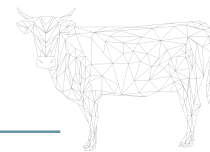
Triple Cooked Frites and Dijon Aioli 5.95

Green Salad with Yuzu Citrus Dressing 5.95

Seasonal Vegetables 5.95

Warm Baguette with Sea Salt 4.95

entrée plates



Seasider Burger 15.95

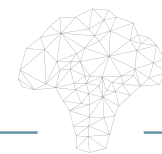
Our Custom Beef Blend, Canadian Cheddar,
Bacon, Ripe Tomato, Local Lettuce,
House-Made Red Pepper Relish,
Brioche Bun + Hand-Cut Frites

Seaside Grill 29.95 🌱

5 oz AAA Strip Loin, Wild Prawns,
Roasted Mushrooms, Crushed Nugget Potatoes,
Seasonal Vegetables + Demi Glaze

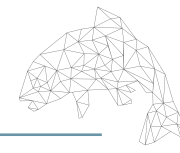
Big Grill 32.95 🌱

10 oz AAA Strip Loin, Crushed Nugget
Potatoes + Seasonal Vegetables



Cauliflower Steak 17.95

Crushed Nugget Potatoes, Farro, Spinach,
Roasted Mushrooms, Caramelized Onions,
Sweet Peas, Coconut Curry + Carrot Purée



Beer-Battered Fish + Chips 19.95

Two Pieces Line-Caught Ling Cod,
Citrus Cabbage Slaw, Charred Lemon,
Tartar Sauce + Hand-Cut Frites

Maple Pecan Salmon 25.95 🌱

Wild Sockeye, Crushed Nugget Potatoes,
Seasonal Vegetables + Rhubarb Chutney

Braised Clams + Frites 21.95

Fennel Sausage, Local Beer, Orange Rind,
Red Chili, Warm Baguette + Hand-Cut Frites



Chicken Pie + Green Salad 16.95

Butter Pastry, Fresh Herbs, Chicken, Potato,
Celery, Carrots, Peas + Onions

Chicken Cordon Bleu Burger 16.95

Fresh Provincial Chicken, Tuscan Ham, Swiss
Cheese, Ripe Tomato, Local Lettuce + Tartar Sauce

Herb-Roasted Chicken Breast 19.95 🌱

Lemon Honey, Crushed Nugget Potatoes,
Seasonal Vegetables, Spinach + Chicken Jus

fresh salads

Beet + Goat Cheese Salad 14.95 🌱

Goat Cheese, Mint, Peppery Greens, Spiced Walnuts,
Black Sesame Seeds + White Balsamic Vinaigrette

Coconut Prawn Salad 18.95

Sweet Chili Sauce, Fresh Tomatoes, Cucumbers,
Radishes, Pea Shoots + Yuzu Citrus Dressing

Steak + Bleu Cheese Salad 21.95 🌱

AAA Strip Loin, Candied Walnuts, Fresh Tomatoes,
Cucumbers, Radishes, Pea Shoots + Honey Vinaigrette

pastas

Seafood Spaghettini 19.95

House Smoked Salmon, Wild Prawns, Fresh Tomatoes,
Sweet Peas, Spinach, White Wine Cream Sauce,
Chives + Warm Baguette

Pasta Pomodoro 14.95

Spaghettini, Tomato Sauce, Olive Oil, Fresh Tomatoes,
Garlic, Basil, Grana Padano + Warm Baguette

Lobster Ravioli 23.95

Sundried Tomato Pesto Cream Sauce,
Asparagus + Warm Baguette

baby back ribs

Hickory Jack Daniels Ribs & Frites 22.95

BBQ Baby Back Pork Ribs, Hand-Cut Frites
+ Citrus Cabbage Slaw